

PROPER DONNING AND DOFFING OF NON-STERILE EXAM GLOVES

DONNING

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1. Take out a glove from its original dispenser, holding only the cuff.
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2. Hold glove at opening with one hand and slide fingers and thumb of opposite hand into glove.
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3. Pull towards wrist to fully don glove using only knuckles to avoid fingernail puncture.
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4. Take second glove out of dispenser with bare hand, holding only the cuff.
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5. Hold glove at opening and slide fingers and thumb into glove. Pull glove towards wrist using knuckles of gloved hand.

DOFFING

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1. Grasp outside of glove with opposite gloved hand and peel off.
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2. Hold removed glove in gloved hand.
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3. Slide fingers of ungloved hand under remaining glove at wrist.
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4. Peel second glove off over first glove.
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5. Discard gloves in appropriate waste container.

